

# EFORT Spring Travelling Fellowship

Austria  
from 17 to 23 April 2016

[www.efort.org](http://www.efort.org)



## **Welcome to Austria!**

Dear Fellow,

The EFORT Travelling Fellowship Courses are organised by the National Orthopaedic Societies, members of the European Federation of National Associations of Orthopaedics and Traumatology.

The EFORT Travelling Fellowship of Spring 2016 will be held in Austria. It is open to surgeons from European countries selected by their National Association, in order to favour exchanges between the Travelling Fellows and the Orthopaedics of the inviting nation.

The scientific programme of the fellowship course will be organised in four cities in Austria as follows:

- Vienna (Sunday, 17 April to Tuesday, 19 April 2016)
- Graz (Tuesday, 19 April to Thursday, 21 April 2016)
- Linz (Thursday, 21 April to Friday, 22 April 2016)
- Krems (Friday, 22 April 2016)
- Vienna (Friday, 22 April to Saturday, 23 April 2016)

We wish you a pleasant and interesting travelling fellowship in Austria!

On behalf of the organising society, the Austrian Orthopaedics Society (ÖGO),

Prim. Priv. Doz. Mag. Dr. Bernd Stoeckl, MAS

**President of the Austrian Orthopaedics Society (ÖGO)**

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## Useful information

### Arrival to Vienna International Airport on Sunday, 17 April 2016

You may take any international or domestic flight to Vienna International Airport, which is located 15 km outside the city. From Vienna International Airport, there are several public transportation possibilities, e.g. CAT (City Airport Train) for €12,-(single) or for €19,-(return). You should get off at the station "Landstraße/ Wien Mitte", which is the final station, then pick up the U4 towards "Heiligenstadt" and get off at "Schottenring" station. Then change to line U2 towards "Karlsplatz" and take one station to "Schottentor". Exit towards "Schottentor/Universität" and immediately thereafter take the staircase with a sign that says "Währingerstrasse". From there, you can see Hotel Regina directly in front of you. Or you take a taxi from "Landstraße" to Hotel Regina. You can also take a taxi from the airport directly to the Hotel, which costs approximately € 40 to 50. No organised transportation will be available since the arrival times of each participant will be different. We suggest the cheapest form of transport which is CAT or a taxi can also be taken.

### Accommodation and meals

Accommodation will be arranged in shared twin rooms. The hotels in each city will offer breakfast in the morning. Lunches and coffees will be organised at each hospital during the day time.

### Departure from Vienna International Airport on Saturday, 23 April 2016

The Austrian Orthopedic Society (ÖGO) and the Organising Committee are offering your accommodation and stay in the country from 17 April 2016 up to your departure from Vienna on 23 April 2016.

### Contact for practical arrangements

#### President of the Austrian Orthopedics Society (ÖGO)

Prim. Priv. Doz. Mag. Dr. Bernd Stoeckl, MAS  
Klinikum Klagenfurt am Wörthersee  
9020 Klagenfurt am Wörthersee, Feschnigstraße 11  
Tel. No.: +43 463 538-31903  
Fax No.: +43 463 538-31909

E-mail: [bernd.stoeckl@kabeg.at](mailto:bernd.stoeckl@kabeg.at)

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## Organisers

Organised on behalf of (ÖGO):

- Univ.-Prof. Dr. Stefan Nehrer  
EFORT Delegate Austria  
Danube-University Krems - University for Continuing Education  
Faculty of Health and Medicine  
Department for Health Sciences and Biomedicine  
Center for Regenerative Medicine and Orthopedics  
Dr.-Karl-Dorrek-Straße 30  
3500 Krems  
Tel. No.: +43 (0)2732 893-2600  
Fax No.: +43 (0)2732 893-4600  
  
E-mail: [stefan.nehrer@donau-uni.ac.at](mailto:stefan.nehrer@donau-uni.ac.at)
- Dr. Erwin Lintner

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## Dates, cities and venues in Austria

Day Date to Day Date	
Vienna (Sunday/April 17th, 2016)	Venue: Lorenz Surgery, Rathausstraße 21, 1010 Wien, Austria
Vienna (Monday/April 18th, 2016)	Venue: Department of Orthopaedic Surgery, Vienna General Hospital, Währinger Gürtel 18-20, 1090 Wien, Austria
Vienna (Tuesday/April 19th, 2016)	Venue: Orthopaedic Hospital Vienna-Speising, Speisinger Straße 109, 1130 Wien, Austria
Graz (Tuesday/April 19 <sup>th</sup> – Wednesday/20 <sup>th</sup> , 2016)	Venue: Department of Orthopaedic Surgery, Medical University of Graz, Auenbruggerplatz 5, 8036 Graz, Austria
Linz (Thursday/April 21st – Friday/April 22nd, 2016)	Venue: Department of Orthopaedic Surgery, General Hospital of Linz, Krankenhausstraße 9, 4021 Linz, Austria
Krems (Friday/April 22nd)	Venue: Danube-University Krems, Faculty of Health and Medicine, Dr.-Karl-Dorrek-Straße 30, 3500 Krems, Austria
Vienna (Saturday/April 23rd, 2016)	Individual transfer to Airport

## Contact persons and addresses

Hospital	Address	Contact Person
<b>Vienna General Hospital, Department of Orthopaedic Surgery</b>	Währinger Gürtel 18-20, 1090 Wien, Austria	<b>Univ. Prof. Dr. Reinhard Windhager</b> Tel No.: +43 1 404 00 4084
<b>Orthopaedic Hospital Vienna-Speising</b>	Speisinger Straße 109, 1130 Wien	<b>Univ. Prof. Dr. Martin Dominkus</b> Tel No.: +43 1 801 82 - 1182
<b>Medical University of Graz, Department of Orthopaedic Surgery</b>	Auenbruggerplatz 5, 8036 Graz, Austria	<b>Assoz. Prof. Dr. Patrick Sadoghi</b> Tel No.: +43 316 385 80971 <b>Univ. Prof. Dr. Andreas Leithner</b> Tel. No.: +43 316 385 1807
<b>Kepler Universitätsklinikum Med Campus III. Dep. for Orthopaedics</b>	Krankenhausstr. 9 4021 Linz	<b>Univ. Prof. Dr. Nikolaus Böhler</b> Sekretariat: Sonja Kneidinger Tel No.: +43 732 7806 3199

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<b>Danube University Krems Center for Regenerative Medicine</b>	Dr. Karl- Dorrek Strasse 30 3500 Krems	<b>Univ. Prof. Dr. Stefan Nehrer</b> Tel No.: +43 (0)676/ 515 6726
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## Accommodation in shared double/twin rooms

Dates	Hotel name	Hotel address
Sunday-Tuesday 17 – 19 April 2016	Hotel Regina Vienna	Rooseveltplatz 15 1090 Vienna Tel No.: +43 1 404 46 0 Fax No.: + 43 1 408 83 92 Email: regina@kremsehnerhotels.at Homepage: www.hotelregina.at
Tuesday-Thursday 19 – 21 April 2016	Hotel Daniel	Europaplatz 1 8020 Graz Tel No.: +43 316 711 0800 Email: <a href="mailto:hellograz@hoteldaniel.com">hellograz@hoteldaniel.com</a> Homepage: www.hoteldaniel.com
Thursday-Friday 21 – 22 April 2016	City Hotel Linz	Schillerstrasse 52 Tel No.: +43 732 65 26 22 Fax No.: +43 732 65 13 08 Email: cityhotel_linz@aon.at Homepage: www.cityhotel.at
Friday-Saturday 22 – 23 April 2016	Hotel Regina Vienna	Rooseveltplatz 15 1090 Vienna Tel No.: +43 1 404 46 0 Fax No.: + 43 1 408 83 92 Email: regina@kremsehnerhotels.at Homepage: www.hotelregina.at

## PLEASE NOTE!

All hotel bookings will be made on behalf of the course participants based on the schedule above. If you for some reason arrive or depart earlier or later than listed above, please inform the hosting Society about your schedule by e-mail to [office@orthopaedics.or.at](mailto:office@orthopaedics.or.at) so that the hotel bookings can be arranged accordingly.

Thank you!

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<https://www.efort.org/fellowship-awards/fellowships/travelling-fellowship/>

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## Programme outline

<p><b>Sunday, 17.04.2016</b></p>	<ul style="list-style-type: none"> <li>• Individual arrivals to Vienna International Airport</li> <li>• Individual transfer to Hotel Regina **** Vienna</li> <li>• Meeting at the Lobby of the Hotel to go to the Lorenz Surgery</li> <li>• Transfer to Hotel Regina (walking distance)</li> </ul>																																																									
<p><b>Monday, 18.04.2016</b> Vienna General Hospital</p>	<table border="1"> <tr> <td colspan="3" style="background-color: #e0f0ff;"> <ul style="list-style-type: none"> <li>• Transfer to AKH (walking distance)</li> </ul> </td> </tr> <tr> <th style="background-color: #fff2cc;">Time - time</th> <th style="background-color: #fff2cc;">Welcome speech</th> <th style="background-color: #fff2cc;">Speaker</th> </tr> <tr> <td>07:30 08:30</td> <td>Challenges in pediatric reconstruction after musculoskeletal tumors</td> <td>Prof. Dr. Windhager</td> </tr> <tr> <td>08:30 08:45</td> <td>QOL and sports activity in long-term survivors after limb salvage</td> <td>Dr. Hobusch</td> </tr> <tr> <td>08:45 09:00</td> <td>Lessons learned from long-term experience with Chiari-BO</td> <td>Prof. Dr. Chiari</td> </tr> <tr> <td>09:00 09:15</td> <td>Cementless arthroplasty: What is the benchmark?</td> <td>OA Dr. Kolb/Doz. Lass</td> </tr> <tr> <td>09:15 09:30</td> <td>Arthroplasty in octogenarians</td> <td>Prof. Dr. Kubista</td> </tr> <tr> <td>09:30 09:45</td> <td>Vertebrectomy and spinal reconstruction</td> <td>Prof. Dr. Krepler</td> </tr> <tr> <td>09:45 10:00</td> <td>Current concepts of surgical correction of cavovarus deformity of the hindfoot</td> <td>Prof. Dr. Schuh</td> </tr> <tr> <td>10:00 10:15</td> <td>Biomechanical aspects of augmented repair of the ATFL for chronic ankle instability</td> <td>Prof. Dr. Schuh</td> </tr> <tr> <td>10:15 13:00</td> <td>Live Surgery in small groups on 7-9 tables</td> <td></td> </tr> <tr> <td>13:00 14:00</td> <td>Lunch; Mensa, Vienna General Hospital</td> <td></td> </tr> <tr> <td colspan="3" style="background-color: #e0e0e0; text-align: center;"><b>Complication session</b></td> </tr> <tr> <td>14:00 14:25</td> <td>Failure classification and management of megaprotheses</td> <td>Prof. Dr. Funovics</td> </tr> <tr> <td>14:25 14:50</td> <td>Management of periprosthetic fractures of the knee</td> <td>Windhager/Hajdu</td> </tr> <tr> <td>14:50 15:15</td> <td>Experiences with new diagnostic tools for prosthetic infection</td> <td>Prof. Holinka/Doz. Lass</td> </tr> <tr> <td>15:15 15:40</td> <td>Prevention and management of prosthetic joint infection</td> <td>Prof. Dr. Holinka</td> </tr> <tr> <td>15:40 16:00</td> <td>Spinal complication predictors proven to be realistic, clinically helpful?</td> <td>Prof. Dr. Grohs</td> </tr> <tr> <td colspan="3" style="background-color: #e0ffe0; text-align: center;"><b>End of the Training</b></td> </tr> </table>	<ul style="list-style-type: none"> <li>• Transfer to AKH (walking distance)</li> </ul>			Time - time	Welcome speech	Speaker	07:30 08:30	Challenges in pediatric reconstruction after musculoskeletal tumors	Prof. Dr. Windhager	08:30 08:45	QOL and sports activity in long-term survivors after limb salvage	Dr. Hobusch	08:45 09:00	Lessons learned from long-term experience with Chiari-BO	Prof. Dr. Chiari	09:00 09:15	Cementless arthroplasty: What is the benchmark?	OA Dr. Kolb/Doz. Lass	09:15 09:30	Arthroplasty in octogenarians	Prof. Dr. Kubista	09:30 09:45	Vertebrectomy and spinal reconstruction	Prof. Dr. Krepler	09:45 10:00	Current concepts of surgical correction of cavovarus deformity of the hindfoot	Prof. Dr. Schuh	10:00 10:15	Biomechanical aspects of augmented repair of the ATFL for chronic ankle instability	Prof. Dr. Schuh	10:15 13:00	Live Surgery in small groups on 7-9 tables		13:00 14:00	Lunch; Mensa, Vienna General Hospital		<b>Complication session</b>			14:00 14:25	Failure classification and management of megaprotheses	Prof. Dr. Funovics	14:25 14:50	Management of periprosthetic fractures of the knee	Windhager/Hajdu	14:50 15:15	Experiences with new diagnostic tools for prosthetic infection	Prof. Holinka/Doz. Lass	15:15 15:40	Prevention and management of prosthetic joint infection	Prof. Dr. Holinka	15:40 16:00	Spinal complication predictors proven to be realistic, clinically helpful?	Prof. Dr. Grohs	<b>End of the Training</b>		
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	16:00	17:00	Fellow Presentation	4 Fellows	
	<ul style="list-style-type: none"> <li>Transfer to Hotel Regina **** Vienna</li> <li>19:00 Dinner at Schweizerhaus, Prater 116, 1020 Vienna (<a href="http://www.schweizerhaus.at">www.schweizerhaus.at</a>)</li> </ul>				
<b>Tuesday, 19.04.2015</b> Orthopaedic Hospital Vienna-Speising	<ul style="list-style-type: none"> <li>08:00 - 09:00 Uhr Transfer to Orthopaedic Hospital Vienna-Speising</li> </ul>				
	09:00	09:05	Welcome at Orthopaedic Hospital Vienna-Speising	Prof. Dr. Martin Dominkus	
	09:05	09:20	Rapid recovery - new pathways of fast track surgery	M. Dominkus	
	09:20	09:40	Longterm results of inverse shoulder prostheses	Doz. Dr. Christian Wurnig	
	09:40	10:00	Discussion und break		
	10:00	11:00	Live surgery: inverse shoulder prosthesis	Doz. Dr. Christian Wurnig	
	11:00	11:20	Spine: the sagittal balance of the spine - clinical relevance	OA Dr. Stefan Schenk	
	11:20	11:40	Periprosthetic Joint Infection Diagnostic and Therapeutic Options	OA Dr. Michael Kasperek, MsC, MBA	
	11:40	12:00	Pediatric deformities	Doz. Dr. Rudolf Ganger	
	12:00	13:00	Lunch break, Mensa Orthopaedic Hospital Vienna-Speising		
	13:00	13:45	Visit of the gait analysis laboratory	Ing. Dr. A. Kranzl	
	13:45	14:30	Saw bone workshop: GenuX	M. Dominkus / M. Kasperek	
	14:30	15:30	Live surgery: Knee revision surgery with Genu X	M. Kasperek / Moderator: M. Dominkus	
	<b>End of the Training</b>				
		15:30	16:30	Fellow-Presentation	3 Fellows
	<ul style="list-style-type: none"> <li>Transfer to Hotel Daniel, Europaplatz 1, 8020 Graz</li> <li>Dinner at Restaurant Der Steirer, Belgiergasse 1, 8020 Graz (<a href="http://www.der-steirer.at">www.der-steirer.at</a>)</li> </ul>				

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**Wednesday,  
20.04.2016**  
Medical University  
of Graz

<ul style="list-style-type: none"> <li>07:00 - 07:30 Uhr Transfer Hotel Daniel - Medical University of Graz</li> </ul>			
<ul style="list-style-type: none"> <li><b>Current Concepts in Total Knee and Hip Arthroplasty</b></li> </ul>			
07:30	07:45	Patient Specific Instrumentation	Prof. Dr. Sadoghi
07:45	08:00	UNI versus TKA	PD Dr. Gruber
08:00	09:00	Live Surgery (Attune, TKA)	Sadoghi/Kastner
09:00	09:15	Revision TKA	Prof. Dr. Glehr
09:15	09:30	Outcome Attune TKA	OA Dr. Kastner
09:30	10:00	Short Stem THA	OA Dr. Maurer-Ertl
10:00	11:00	Live Surgery (Pinnacle/Corail, THA)	Maurer-Ertl/ Friesenbichler
11:00	12:00	Arthroplasty Register Data – what can we extract? & Discussion	Prof. Dr. Sadoghi
12:00	13:00	Lunch; Mensa, LKH Graz	
<ul style="list-style-type: none"> <li><b>Current Concepts in musculoskeletal oncology</b></li> </ul>			
13:00	13:30	Bone and soft tissue sarcoma – diagnostic algorithm	Prof. Dr. Leithner
13:30	13:40	Biological reconstruction after bone sarcoma resection	OA Dr. Bergovec
13:40	13:50	Growing prosthesis	Dr. Gilg
13:50	14:00	Osteoporosis after bone sarcoma	Dr. Pirker-Frühauf
14:00	14:30	Bone metastasis – current developments	Prof. Dr. Leithner
14:30-15:30		Interesting Cases & Discussion	Prof. Dr. Leithner
<b>End of the Training</b>			
15:30	16:30	Fellow-Presentation	4 Fellows
<ul style="list-style-type: none"> <li>Transfer to Hotel Daniel, Europaplatz 1, 8020 Graz</li> <li>18:00-19:00: Guided Sightseeing Tour in Graz</li> <li>20:00: Dinner at ElGaucho, Landhausgasse 1, 8010 Graz (<a href="http://www.elgaucho.at">www.elgaucho.at</a>)</li> </ul>			



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<p><b>Thursday, 21.04.2016</b> General Hospital of Linz</p>	<ul style="list-style-type: none"> <li>• Transfer from Graz to Linz</li> <li>• 07:45 → 10:46: Direct transfer by train, no change of trains from Graz to Linz main railway station.</li> <li>• 12:30 - 13:00: Transfer Cityhotel Linz - General Hospital Linz</li> </ul>			
	13:00	14:00	Lunch Med Campus III.	
	14:00	14:10	Welcome	Prof. Dr. Böhler
	14:10	14:40	Patient Blood Management	Prof. Dr. Meier
	14:40	15:10	Implant Registers	Prof. Dr. Böhler
	15:10	16:00	Visit Outpatient clinic Anaesthesiology	OA Dr. Heschl Prof. Dr. Meier
	<b>End of the Training</b>			
<ul style="list-style-type: none"> <li>• 16:00 - 16:30: Transfer General Hospital - Cityhotel Linz (guided tour Linz)</li> <li>• 19:00: Dinner at Schlossbrasserie, Schlossberg 1A, 4020 Linz (<a href="http://www.schlossbrasserie.at">www.schlossbrasserie.at</a>)</li> </ul>				

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<p><b>Friday, 22.04.2016</b> General Hospital of Linz</p> <p>Danube University Krems, Center for Regenerative Medicine</p>	<ul style="list-style-type: none"> <li>07:30 - 08:00: Transfer Cityhotel Linz - General Hospital Linz</li> </ul>		
	08:00 - 09:00	Live Surgery Ankle Arthroplasty	OA Dr. Ruhs
	09:00 - 09:20	Presentation Ankle Arthroplasty	Prof. Dr. Böhler, OA Dr. Ruhs"
	09:20 - 09:40	Presentation Femoral Head necrosis, Ilomedin	Ass. Dr. Pisecky
	09:40 - 10:00	Coffee Break	
	10:00 - 11:00	Live Surgery MIS Fitmore	OA Dr. Hipmair, Mag. OA Dr. Hochgatterer
	11:00 - 11:30	Presentation and discussion Short stems	OA Dr. Hipmair, Mag. OA Dr. Hochgatterer
	11:30 - 12:30	Live Surgery Sidus Shoulder	OA Dr. Poulios Dr. Maier
	12:30 - 12:50	Presentation and discussion Shoulder	OA Dr. Poulios Dr. Maier
	12:50 - 13:35	Fellow-Presentation	3 Fellows
	13:35 - 14:35	Lunch Med Campus III.	
	<ul style="list-style-type: none"> <li>14:35 - 16:00 Transfer General Hospital Linz - Danube University Krems</li> </ul>		
	16:00 - 17:30	Presentation Center for Regenerative Medicine and Orthopedics	Prof. Dr. Nehrer
	<ul style="list-style-type: none"> <li>17:30 - 18:30 Transfer Danube University Krems - Hotel Regina</li> <li>Dinner at Einstein, Rathausplatz 4, 1010 Wien (<a href="http://www.einstein.at">www.einstein.at</a>)</li> </ul>		
	<b>End of the Travelling Fellowship</b>		
<p><b>Saturday, 23.04.2016</b></p>	<ul style="list-style-type: none"> <li>Individual transfer to Airport</li> </ul>		